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Lesson Plan (class 2-3)
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## Lesson Title: Offsetting Your Carbon Footprint

General theme: NATURE-BASED SOLUTIONS. Mitigate climate change. Biodiversity. Specific topic: Offsetting Your Carbon Footprint

## Objectives:

- Work out their carbon footprint using measurement, calculations and a graph
- Measure how much carbon is stored in trees
- Explain the important role of trees in storing carbon
- Consider how to make changes to reduce their carbon footprint


## Materials Needed:

- Information note - Carbon
- Clipboards
- Pencils
- Tape measures
- Calculators
- Tree ID sheets, apps or books


## Outline of the lesson:

Ask your learners to calculate their carbon footprint and how many trees would be required to offset their footprint.
Step 1

- Use the table below to calculate your carbon emissions for one year.
- Follow the example to complete the rest of the table to calculate your carbon emissions for one year.
Runs for 24 hours a day 500 TOTAL carbon emissions for 1 day g Convert grams (g) to kilograms ( kg ) by dividing by $1000 \mathrm{~kg} \times 365$ days for TOTAL carbon emissions or carbon footprint for 1 year kg

| Activity | Carbon Emitted per <br> activity (g) | How many times on <br> an average day? | Carbon emissions per <br> day (g) |
| :--- | :--- | :--- | :--- |
| EXAMPLE Television <br> per hour | 25 | 3 | $25 \times 3=75$ |
| Television per hour |  |  |  |
| Lights for 1 room per <br> hour | 9 |  |  |
| Computer / laptop per <br> hour | 20 |  |  |
| Radio per hour | 10 |  |  |
| Games Console (eg <br> Xbox360) per hour | 28 |  |  |


| Hairdryer for 10 minutes | 29 |  |
| :---: | :---: | :---: |
| Car journey for 1 mile | 120 |  |
| Electric Oven for 15 minutes | 65 |  |
| Making 2 slices of toast | 0,2 |  |
| Using a microwave for 1 minute | 2,5 |  |
| 1 cycle of dishwasher | 220 |  |
| Washing machine at 40 degrees | Based on 1 pile of washing per wk | 118 |
| Tumble drier | Based on 1 use per wk | 74 |
| Running a fridge freezer | Runs for 24 hours a day | 500 |


| TOTAL carbon emissions for 1 day | g |
| :--- | :--- |
| Convert grams (g) to kilograms (kg) by dividing by 1000 | kg |
| x 365 days for TOTAL carbon emissions or carbon footprint for 1 <br> year | kg |

## Step 2

- Once you know your carbon emissions for the year, use the graph provided to estimate the size of tree it would take to store that amount of carbon.
- Find your total carbon stored in kilograms along the ' $x$ ' axis and draw a straight line up to the green line. Read across to the ' $y$ ' axis to find the circumference of the tree you are going to look for. - Measure different trees at chest height ( 1.3 meters off the ground) until you find one with a similar circumference.
Circumference of tree that equates to my annual carbon emission (cm):

Step 3

- Work out how long it has taken for your chosen tree to absorb your annual carbon emission i.e. the age of the tree.
- Different types of trees have different growing rates; conifer trees grow faster than broadleaf trees. Is your tree a conifer or a broadleaf?

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Broadleaf or Conifer?
To calculate the age of a tree, divide the circumference (cm) by the growth rate (cm/yr)
- Divide by }3\mathrm{ for a conifer tree
- Divide by }2\mathrm{ for a broadleaf tree.
Years old :
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## Assessment:

Conclusion - You now know your annual carbon emissions can be absorbed by a tree that is years of age. Imagine how many trees will be needed to absorb your carbon emissions over your lifetime.
What can you do to reduce your carbon footprint?
I will reduce my carbon footprint by:

