

Lesson Plan (1-2)

Lesson Title:

General theme: NATURE-BASED SOLUTIONS. Sustainable development.

Specific topic: How can we live sustainably?

Objectives:

- Explain what we can do to live sustainably.
- Describe which ways of living sustainably are most important to them.
- Understand that it is important to live sustainably in many ways.

Materials Needed:

- Resource cards
- Access to research materials – books, smart devices.

Introduction:

This activity plan focuses on the many ways in which we can live sustainably and encourages learners to discuss and consider how they can live a more sustainable lifestyle.

Outline of the lesson:

This activity works well to introduce or consolidate sessions about sustainability. It aims to get learners thinking about and discussing the many different ways in which we can live sustainably.

There are 10 discussion cards in the set which describe different ways in which we can live sustainably.

It is not necessary to use all of the cards, particular ones can be chosen or left out to use next time.

1.- Introduce the activity by asking the learners why living sustainably is important and discuss their ideas. Explain that there are no right or wrong answers. The purpose of the activity is to encourage discussion and for them to learn that it is important to live sustainably in many ways.

2.- Allow time for them to read and discuss the cards. The activity can be adapted and carried out in a variety of ways:

Most and least important:

- Independently or in small groups, decide which card is the most important way in which we can live sustainably and which card is the least important.
- With larger groups, give each student a card. Ask each group to arrange themselves to stand in order of importance from, what they decide is the most important way in which we can live sustainably to the least important. The lines of other groups can then be compared, and similarities and differences of opinion can be discussed.
- Learners can work in pairs or small groups to sort the cards using diamond ranking. Other ways to sort the cards:
 - What the learners can do themselves and what they are not able to do.

- What the learners do in school, at home or do not currently do.
- Choose one card which is important to them and explain why.
- Choose one or more cards with ways in which they will try to live sustainably in the future.

I can look after and protect habitats for all living things



I can use more renewable energy



I can use wood instead of non-renewable materials such as steel and concrete



I can reduce, re-use and recycle



I can use less electricity



I can use less water



**I can walk instead
of travelling by car**



**I can buy locally
produced food**



**I can buy products that have
been made or grown using
sustainable methods and
resources**



I can plant trees



Assessment:

- How can we live sustainably?
- Why is it important to live sustainably?
- What can you do?
- How can you change to be more sustainable?